



Suzanne Faber

Founder of Your Soul Joy

Empowering You to Live the Life You Haven't Even Dreamed of Yet

About Suzanne

Suzanne Faber is a Certified Life Mastery Consultant, Positive Intelligence Coach, and founder of Your Soul Joy. Based in Colorado, she helps individuals and organizations move from exhaustion and uncertainty to energy, clarity, and joy that make life meaningful.

Before becoming a transformational coach, Suzanne served as Chief Managed Care Officer for a major hospital system in Florida and later as Vice President of Network Development for a healthcare company in Colorado. Leading large, multi-state teams in high-pressure environments, she witnessed firsthand how the weight of responsibility and constant care—whether for patients, employees, or loved ones—can quietly erode wellbeing.

After decades of caregiving and leadership experience, Suzanne discovered a truth that changed everything: you can't self-care your way out of being stressed. Real transformation comes from shifting the way you think, not just how you cope. That

realization inspired her to dedicate her life to helping others redefine success, restore joy, and rediscover what's truly possible—at work, at home, and within.

Her passion is helping people—especially those bogged down by stress, service, and expectation—reconnect with purpose and possibility. By combining the neuroscience and emotional intelligence of the Positive Intelligence® framework with the proven Brave Thinking® principles, Suzanne guides clients to make deep mindset shifts that spark lasting change—helping them close the gap between the life they're living and the life they were born to live.

Signature Workshop

From Stuck to Soul-Aligned: The Vision Workshop Experience

In this inspiring and interactive workshop, Suzanne helps participants move from limitation to possibility — from burnout and self-doubt to clarity, energy, and purpose. Through the proven Brave Thinking® process, attendees learn to design a vision that calls to their soul and walk away believing, maybe for the first time in a long time, that the life they love is truly possible.

Key Takeaways:

- Gain a crystal-clear vision for the life you'd love living
- Identify and release the beliefs keeping you stuck
- Discover practical steps to bring your vision to life

Join Suzanne for Her Next Vision Workshops

In-Person Vision Workshop

Friday, December 13 | 8:30 – 11 AM

Trinity Lutheran Church, East Conference Room

17750 Knollwood Dr, Monument, CO 80132

Virtual Vision Workshop

Tuesday, December 9

Register Here: <https://us02web.zoom.us/meeting/register/Th2QQr4qRR6jp7vwBblfWg>

Experience “From Stuck to Soul-Aligned: The Vision Workshop Experience” for yourself — and discover how to design a life you truly love living.

Speaking Topics Overview

Corporate & Leadership:

- Redefining Success: Building Cultures of Purpose and Presence
- Transforming Burnout into Purpose-Driven Performance
- Restoring Balance: Leadership Strategies for Sustainable Success

Caregiver & Wellness:

- The Power of Vision: Reclaiming Joy Beyond Burnout
- From Survival to Soulful Living: The Caregiver's Journey
- Restoring Energy and Hope Through Brave Thinking®

Community & Inspiration:

- Living with Intention: Creating the Life You Haven't Even Dreamed of Yet
- Rediscovering Joy and Clarity in Everyday Life

Contact & Socials

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Your Soul Joy | Redefine success. Restore joy. Rediscover what's truly possible.